

Curriculum Vitae

CYNTHIA CARR, DrOT, MS, OTR/L

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EDUCATION:

- 2012 Doctor of Occupational Therapy. Governors State University
Doctoral Capstone Project: 'Active Class Participation of Students in the Master of Occupational Therapy Program'
- 1988 M.S. in Occupational Therapy. University of Illinois Chicago, Illinois
Thesis: 'Relationship between Visual Perception & Activities of Daily Living in Acute Stroke Patients'.
- 1976 B.S. in Occupational Therapy. Mount Mary University, Milwaukee, Wisconsin

PROFESSIONAL EXPERIENCE:

- 2019 – Present Return to Associate Professor role in Occupational Therapy Program at Governors State University with teaching and assigned duties, research, and service responsibilities.
- 2021 – Present Provide Occupational Therapy evaluations and documentation for Clementine Carder, PC,
- 2017 – 2019 Interim Chair, Department of Occupational Therapy at Governors State University
Responsibilities and Duties:
Management of operations with support and collaboration with the Dean. Responsible for department reports, new annual scheduling of classes; collaboration with Physical Therapy Chair for the temporary and permanent hiring of the programs' shared Office Administrator; collaboration with the PT Chair and Dr Renee Theiss for the Anatomy Lab, cross-listed courses, Lab Assistants and supply needs. Identified and supervised Graduate Assistants and Work Study students to support the day-to-day needs of the faculty and department. Attend all GSU Graduate and Undergraduate Open House events; Assigned member on the GSU Campus Inclusion Team; Gathered data and summited the ACOTE Annual Reports, attend the Academic Leadership Council Meetings, coordinate the Program's Self Study process with the faculty and consultants; and provided instructional courses, labs, and Independent studies in the MOT and DrOT Programs
- 1996 – 2017 Associate Professor, Occupational Therapy Program at Governors State University in University Park, Illinois
Responsibilities and Duties:
Provides instructional courses in the MOT Program in the foundational and applied curriculum sequence, and in the DrOT Program. Other faculty responsibilities include pre-advisement and ongoing advisement of students in the MOT program, active participation in all MOT and DrOT program committees, Co-chaired the MOT program's curriculum review and changes in Phase I and Phase II. Active participation in the ACOTE Self Study process for the re-accreditation of the MOT program, and participated in the initial development and accreditation of the MOT Program in 1996 with successful accreditation achieved in April 1998. Collaborated in the development of the program's mission and philosophy statements, curriculum design and conceptual model, course development, teaching, and service operations within the standards of Governors State University and in compliance with the accreditation process of the MOT program

Collaboration in the ongoing development and facilitation of admission criteria and on-site interview tools, applicant advisement on the profession of occupational therapy, master program admission requirements and prerequisites, participation in student interviews and admission decisions, and organize the GSU Student Orientation Day for new students. Previous participation in developing program courses and syllabi; coordinate efforts for program course and curriculum approval through the College Curriculum Committee and the University Curriculum Committee.

Provide ongoing assessment of assigned independent & co-instructional teaching based on current practice in the profession. Responsible for planning and providing instructions for the following MOT core curriculum courses: OCCT 6705 Professional Formation I; OCCT 7707 Professional Formation III; OCCT 7110, 7120 & 7130 Conditions in Occupational Therapy I, II and III; OCCT 7400 Integrative Seminar, OCCT 7732 Environmental Factors Impact on Participation; OCCT 7830 Assistive Technology, OCCT 7835 Methods and Tools for Participation, Occupational Therapy; OCCT 8900 Independent Research Study; OCCT 7760 Human Development and Performance II; OCCT 7820 Assessment and Intervention II; OCCT 7821 Assessment and Intervention II Lab. In the Doctor of Occupational Therapy (DrOT) Program the following courses are instructed: OCCT 8310 Advanced Theories in Occupational Therapy; OCCT 8360 Advocacy and Empowerment throughout Occupational Therapy; OCCT 8510, 8520, & 8530 Pro Seminar I, II and III; and OCCT 6000 Special Topics. Active contributions are focused on students' research advisement for research proposals and projects in the MOT program, research advisor and research committee member for students in the DrOT program, as well as on-going pre-advisement and candidate development of applicants in progress and advisement of assigned students, and mentoring of adjuncts in identified courses.

Initiates and follow through on the ordering of teaching media, classroom equipment and supplies for student learning. Assists in organizing the equipment needs and transition to the designated Occupational Therapy ADL Lab. Collaborates with the library CHP liaison and bookstore staff on the ordering of materials to support the program, students, and faculty.

Represents the Occupational Therapy profession and the OT program in the College of Health and Human Services (CHHS) and external GSU community by participating in the facilitation of inter-departmental communications, concerns and problem solving and to promote internal and external public relations efforts. Current participation in the MOT Program includes member of the MOT Advisory Committee, Co-chair of the MOT Program's Curriculum Committee, Admission Committee, and the Self Study Committee. Internal CHHS committees includes Chair of the College Personnel Committee and the Grievance Committee. External committees include the GSU Academic Program Review Committee and the Civic Engagement Consortium & Facilitator of the Assessment Committee.

Services external to GSU includes Item Writer for the National Board of Certification in Occupational Therapy (NBCOT).

- 2001 – 2015 MSS Staff Occupational Therapist
Marianjoy Rehabilitation at Providence Skilled Nursing Facility in Palos Heights, Illinois
Provide occupational therapy services that include intervention, evaluation, documentation to adult clients ranging in age from middle adulthood to senescence. Populations served include inpatients with multiple diagnoses that include orthopedics, neurological, rheumatologic, and cardiopulmonary dysfunction. Collaborate with client, family members and other professional such as Nursing, Physical Therapy, and Language, Speech & Hearing.
- 1977 - 1996 Assistant Director of Occupational Therapy Services from 1987 to 1996.
Senior OT clinician from 1979 to 1987 and Staff Therapist from 1977 to 1979 at Cook County Hospital in Chicago, Illinois.

Administrative Duties:

Planning and presentation of departmental in-service and mandatory staff training. Responsible for staff supervision & day-to-day unit operations.

Assisted the Director with staff performance evaluations and feedback. Clinical coordinator for all student fieldwork, observations, and volunteers. Actively participated in developing, facilitating, and maintaining OT service delivery. Assisted the Director with departmental salary and capital expenditure budget preparations. Organized & supervised department supply ordering.

Interdisciplinary Team Liaison for Neurosurgery Team & Interdisciplinary Patient Planning Committee member. Maintained

inter-departmental relations & communication through negotiation and problem solving. Actively involved in the Patient Education & Resource Committee within the facility and in the community.

Clinical Responsibilities:

Clinical competency in the assessment and treatment of Adult Physical Disabilities including bedside intensive care, inpatients & outpatients. Initial two years included part-time experience in the Pediatric Unit. Coverage of outpatient clinics including, Amputee Clinic, Arthritis Clinic, Hand Clinic and Family Practice Clinic. Active leadership involvement with interdisciplinary teams in the specialty areas of Geriatrics, Neurosurgery & Neurology, Arthritis, Open-Heart Surgery, and Trauma. Assisted in program development and advocacy of Occupational Therapy services. Occupational Therapy Clinical Educator for student fieldwork & observations. Organized and presented in-services to the medical staff, students & other health professionals. Facilitator for the Stroke Club, High School Career Day, and Motivational Day speaker.

1976 - 1977 Occupational Therapist I at Hines Veteran Administration
Hines, Illinois

Duties:

Staff Occupational Therapist in Psychiatry and Substance Abuse.

Responsible for directing Occupational Therapy Services to two psychiatric and drug dependency inpatient units, attending unit and department staff meetings, organizing a low level re-motivation group and assisting in the orientation & supervision of Occupational Therapy Students on the drug dependency unit.

PROFESSIONAL AFFILIATIONS:

American Occupational Therapy Association Member: #336800

Black Occupational Therapy Caucus and Central Member

Illinois License in Occupational Therapy: # 056-000983

National Board for Certification in Occupational Therapy; Inc.: # AA336800

EXTERNAL PROFESSIONAL COMMITTEES:

Community Nutrition Network Senior Services Association (CNNSSA) Board Member 2012 to Present

ILOTA 2021 to Present - Community Inclusions Committee and Outreach Subcommittee

ILOTA 2016 to Present - Conference Committee Proposal Reviewer

Healthy Concepts Wellness, Inc 1996 to Present - Member and Speaker

International Student Travel 2016 Team Leader to South Africa

AWARDS:

IOTA Occupational Therapist of the Year - 2003, presented at the IOTA State Conference on Nov. 2003

GRANTS:

Collaborative GSU Intellectual Life Grant for Interprofessional Grand Rounds in 2020. Awarded \$500.00

PUBLICATIONS:

- 2017 Collins, P. and Carr, C. Exposure, Knowledge, and Interest in Occupational Therapy and Physical Therapy as Career Options. Accepted Submission (June 22, 2017) for the Open Journal of Occupational Therapy.
- 2006 Carr, C. and Obara, Laura. (2006 Nov.-Dec.) The Impact of Religion/Spirituality in Occupational Therapy. ILOTA Communiqué, p1.
- 2004 Midwest Dean's Occupational Therapy Research Conference Abstract: Student Perceptions of Older Adulthood and the Well Elderly
- 2001 Contributor, Research Across the Curriculum, A Guide for Occupational Therapy

RESEARCH PROJECTS:

1. Co Project Directors, Dr. Natalia Rekhter, Dr. Cynthia Carr, Dr. Danielle Osmelak, Dr. Anne Morlet, Dr. Jessica Bonner, Dr. Rebecca Kvasnicka, Dr. Nancy Mac Mullen, Dr. Georgianna Thomas, Dr. Nancy Burley, and Dr. Angela Riccelli. Building Readiness for Interprofessional Learning, Collaboration, and Team Skills using Grand Rounds. (manuscript in process for publication in 2023).
2. Research Project Director with MOT students Sarah Benedict, Adam Bieker, Andrea Delcastillo, Jade Eastling, and Molly Summer. Community Seniors' Initiative for Active Engagement and Cross-Generational Participation in their Community Center. AOTA and ILOTA Conference Poster Presentations in 2023 & 2022.
3. Co-Project Research Directors: Dr. Cynthia Carr, Professor Patti Kalvelage and MOT students Haylie Baker, Jade Benson, Kara Meter, Jessica Plage, and Juliana Sipich. The Phenomenon of Active Student Participation and the Effects of Mandatory Remote Learning Secondary to COVID-19. ILOTA Conference Poster Presentations in 2021.
4. Co-Project Research Directors: Dr. Cynthia Carr, Professor Patti Kalvelage, and MOT students (4 OTS in 2018). The Perceived Benefits of Congregate Senior Meal Sites and the Potential Impact on Occupational Participation. ILOTA Conference Poster Presentations in 2019.
5. Co-Project Researcher Directors: Dr. Cynthia Carr, Professor Patti Kalvelage, and MOT students (6 OTS in 2017). Active Student Participation and Engagement in the Entry Level Occupational Therapy Program: An International Perspective. AOTA and ILOTA Conference Poster Presentations in 2019 & 2018.
6. Co-Project Research Directors: Dr. Cynthia Carr, Professor Patti Kalvelage, and MOT students (3 OTS in 2014) and (4 OTS in 2013) Occupational Therapy Faculty Perceptions of Active Student Participation within the Classroom Context. ILOTA Conference Poster Presentations in 2015 and 2014.

POSTERS:

- | | | <u>Audience</u> |
|------|--|---|
| 2013 | The Phenomenon of Active Class Participation of Students in the MOT Program | AOTA Educators Summit Conference and Annual Research Dean's Conference in 2012 |
| 2011 | Conceptual Model for Understanding the Phenomenon of the MOT Students' Active Participation in the Classroom | Annual Midwest Deans Research Conference - Saint Louis University |
| 2004 | Poster: Student Perceptions of Older Adulthood and the Well Elderly | 17 th Annual Midwest Deans' Occupational Therapy Research Conference – Rush University |

PRESENTATIONS:

- | | | <u>Audience</u> |
|------|--|---|
| 2015 | A Kaleidoscope on Active Student Class Participation | Annual ILOTA Conference – St. Charles, Illinois |

2013	How Can I Do That? Remaining Engaged thru Adaptation & Time Mgmt. & Energy Conservation Techniques	Annual Vasculitis Symposium - Philadelphia
2013	Tools of the Trade: Educational Theory & Strategies for New Faculty	Annual AOTA Conference – San Diego, California Three-hour faculty team workshop
2012	Graduate Students' Perception of Active Class Participation – A Phenomenological Study	Doctor of Occupational Therapy 2 nd Research Day GSU
2012	Phenomenon of Active Class Participation of Students in the MOT Program	Annual Midwest Deans Research Conference - University of Michigan
2011	Active Class Participation of Students in the MOT Program	Doctor of Occupational Therapy 1 st Research Day GSU
2010	Eliminating Health Inequality: From research to practice	CHHS NIH Panel Presentation GSU Seminar
2010	Women on the Ground making Meaning of HIV/AIDS in Economically Marginalized African American Communities: Implications for community Based Health Ed.	Illinois African American Coalition for Prevention Community Stakeholders
2010	Left Behind: Snapshot of the Marginalized Potential Workforce in PT and OT	APTA CSM, San Diego, CA
2010	Left Behind: Snapshot of the Marginalized Potential Workforce in PT and OT	GSU Student /Faculty Retention and Diversity Symposium
2008	Arthritis Lifestyle Program	South Holland, IL
2006	The Impact of Religion/Spirituality In Occupational Therapy	Illinois Occupational Therapy Conference
2005	Living in a Multi-language World	Illinois Occupational Therapy Conference
2004	Arthritis Foundation Speaker	Christ Hospital's Stroke Club
2004	Every Encounter is a Cultural Encounter	Illinois Occupational Therapy Conference
2003	OT Trek: The New Elderly Generation	Illinois Occupational Therapy Conference
2003	Arthritis Foundation Speaker	Chicago Heights Community Residences
2002	Is There a Disability Culture?	Illinois Occupational Therapy Conference
2001	Facilitating Cultural Awareness for Cultural Competency	Illinois Occupational Therapy Conference
2001	Arthritis and You - Arthritis Foundation	Dolton, IL Healthcare Center - Community
2000	Multicultural Issues and Cultural Competency in OT	South Suburban College OTA Program
2000	Team Teaching: A New Partnership in Curriculum Development	Annual Conference of the Associations of Schools of Allied Health Professions (ASAHP)
2000	The Impact of Religion/Spirituality in OT	Illinois Occupational Therapy Conference
2000	Arthritis Foundation Speaker	Staff, Senior Residents and General Public

CONTINUING EDUCATION:

2022-23	Enrolled in Advanced Neuroscience Certificate Program – Jefferson University	
2022	ILOTA One-Day In-Person Conference and Virtual Conference	
2021	Summit Professional Education – The Cerebellum and Development	
2021	Summit Professional Education – Tone Management in Children	
2021	ILOTA Virtual Conference	
2020	ILOA Virtual Conference	
2019	ILOTA Conference – Tinley Park, IL	
2019	University of Illinois Scholarship of Practice Symposium – Chicago, IL	
2019	Unique Role of Occupational Therapy in Memory Cafés for People with Dementia: Strategies for Occupational Therapy Practitioners – Chicago, Illinois	
2018	Academic Leadership Council & AOTA Education Summit – Louisville, Kentucky	
2018	ILOTA Conference – Naperville/Lisle, Illinois	

- 2018 GSU All-Campus Symposiums – Strengths Finder Assessment
- 2018 Academic Leadership Council & American Occupational Therapy Annual Conf. – Salt Lake City, Utah
- 2018 AOTA Self-Study Preparation Workshop – Georgetown, Washington
- 2017 Overcoming Challenges in Stroke Rehabilitation – Chicago, Illinois
- 2017 Adaptive Strategies for disabilities Using Assistive Technology – Chicago, Illinois
- 2017 ILOTA Conference – Peoria, Illinois
- 2017 American Occupational Therapy Annual Conference – Philadelphia
- 2016 ILOTA Conference – Naperville/Lisle, Illinois
- 2016 American Occupational Therapy Annual Conference – Chicago, Illinois
- 2015 ILOTA Conference – St. Charles, Illinois
- 2015 Annual Master of Occupational Therapy Research Day – GSU
- 2015 AOTA Specialty Documentation Conference – Naperville, Illinois
- 2015 Community Forum – hosted by GSU & the Consortium for Civic Engagement - GSU
- 2015 Faculty Research Salon – ‘Impact of Environments on Children with Disabilities’ - GSU
- 2015 American Occupational Therapy Annual Conference – Nashville, Tennessee
- 2015 Faculty Scholarship & Teaching Center on ‘Bringing your Creativity to the Classroom’ - GSU
- 2014 Webinar
- 2014 ILOTA Conference – Naperville/Lisle, Illinois
- 2014 IOTA MH EBP Work Group – OTPF Ed 3 and Mental Health Practice
- 2013 AOTA Educators Summit Conference – Atlanta, Georgia
- 2013 MOT Research Day – for Independent Research Study at Governors State University
- 2013 AOTA Annual Conference – San Diego, California
- 2013 Tests and Measures in Rehabilitation Settings - Illinois
- 2012 Annual attendance - Illinois Occupational Therapy State Conferences – Illinois
- 2012 Lifestyle Redesign Workshop – Rush University, Illinois
- 2011 AOTA Specialty Conference on Adult Stroke –Baltimore, Maryland
- 2012 Creating a Dynamic Practice with ADL Interventions – HCR Manor Care, Palos Heights East
- 2012 “Can We Talk? Using Health Literacy Techniques for Effective Communication and Patient Outcomes” – Marianjoy Rehab. Hospital, Wheaton
- 2012 Annual Midwest Deans Research Conference – University of Michigan
- 2011 AOTA Specialty Conference on Adult Cognition – Saint Louis, Missouri Oct. 28-29
- 2009 Acceptance and Enrollment in the Doctor of Occupational Therapy Program for Jan. 2009-2012
- 2011 Kinesio Taping – I, II, & III – GSU
- 2011 The Art & Science Behind Writing Effective Multiple-Choice Items – NBCOT Faculty Workshop
- 2011 Annual Midwest Deans Research Conference – Saint Louis, Missouri
- 2011 The Eyes Have It ... Again: Eval. & Rx of Visual Deficits – Marianjoy Rehab. Hospital, Wheaton
- 2010 Eliminating Health Inequality: From research to practice – GSU
- 2009 Health Care Reform: Getting Involved & Shaping Our Future – UIC Department of OT
- 2009 Strengthening Ethical Wisdom, by Ethicist & Award-winning Author, Dr. Gilbert at GSU
- 2008 QSR Training Workshop on NVivo 8 – Minneapolis MN
- 2008 The Scholarly Publishing Process: How To Get Published – GSU
- 2008 A Multicultural Approach to Rehabilitation – a Webcast presentation
- 2008 Teaching Troubled Students: Campus Policy & Threat Assessment-MAGNA Online Seminar GSU
- 2008 Item Enhancement Team (IET) Meeting – Denver, Colorado
- 2008 Association for Asian American Studies 25th Annual Conference – Chicago, IL
- 2008 Annual Neurosurgery Update – IL
- 2007 Case Reviews: Use of Sensory Profile in Clinical Practice - Teleconference
- 2007 American Occupational Therapy Conference – St. Louis

PERSONAL STATEMENT:

I have unfolded through the roles of student, clinician, team member, researcher, administrator, and academician. In the academic world of Occupational Therapy, what remains consistently true is that the teacher is also the curious student – ever evolving, grasping evidence-based practices and concepts, knowing that there is still much to learn and new evidence to explore with each generation of Occupational Therapy students. This is the Exciting part of teaching and providing Occupational Therapy across the continuum of the classroom and the larger community!